

Wiser Living Thru Proverbs

April 17/18, 2021
Pastor Steve

Wiser With My Temper

Better to be patient than powerful; better to have self-control than to conquer a city.

Proverbs 16:32

Don't befriend angry people or associate with hot-tempered people, or you will learn to be like them
and endanger your soul.

Proverbs 22:24-25

To Tame My Temper, I:

- I) _____ the results of losing my temper.
- A) Wise people think before they act; fools don't—and even brag about their foolishness. Proverbs 13:16
 - B) A hot-tempered person starts fights; a cool-tempered person stops them. Proverbs 15:18
 - C) A wise man controls his temper. He knows that anger causes mistakes. Proverbs 14:29 (TLB)
 - D) Short-tempered people do foolish things, and schemers are hated. Proverbs 14:17
 - E) Anger _____.
 - F) The fool who provokes his family to anger and resentment will finally have nothing worthwhile left. He shall be the servant of a wiser man. Proverbs 11:29 (TLB)
- II) _____ before Reacting.
- A) Don't do the first thing that comes to mind.
 - B) Fools vent their anger, but the wise quietly hold it back. Proverbs 29:11
 - C) One of the great remedies for anger is _____.
 - D) To help you reflect before you react ask yourself:
 - 1) _____ am I angry?
 - 2) _____ am I really looking for?
 - 3) _____ can I get that healing?
 - E) A fool is quick-tempered, but a wise person stays calm when insulted. Proverbs 12:16
 - F) Sensible people control their temper; they earn respect by overlooking wrongs. Proverbs 19:11

G) A truly wise person uses few words; a person with understanding is even-tempered. Proverbs 17:27

III) _____ My Remarks.

A) Watch your tongue and keep your mouth shut, and you will stay out of trouble. Proverbs 21:23

B) Keep your voice quiet.

C) A gentle answer deflects anger, but harsh words make tempers flare. Proverbs 15:1

D) Anger is _____.

IV) What do we do with all the anger that's inside of us?

A) You confess your anger.

B) But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!
Galatians 5:22-23

C) I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. John 14:27