

GOD QUESTIONS

July 29th / 30th, 2023
Pastor Steve

How Do I Make Peace with My Past Regrets?

My Past Regrets Can:

I) Rob my _____.

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. John 14:27

II) Cause me to feel guilty about _____.

III) Cause me to waste _____.

IV) Cause me to be afraid of _____.

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! 2

Corinthians 5:17

To Make Peace With My Past Regrets I:

I) Receive _____ for my past.

A. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

B. God forgives you:

1) _____.

2) _____.

3) _____.

C. Today I'm receiving forgiveness for _____.

II) Offer _____ to those who have hurt me.

A. Bear with each other and forgive whatever grievances you may have against one another.

Forgive as the Lord forgave you. Colossians 3:13

B. Today I'm offering forgiveness to _____.

III) Learn from my _____ regrets.

A. What from my past can I take today and learn from?

B. Get wisdom, get understanding; do not forget my words or swerve from them. Proverbs 4:5

C. What shall we say, then? Shall we go on sinning so that grace may increase? By no means! We died to sin; how can we live in it any longer? Or don't you know that all of us who were

baptized into Christ Jesus were baptized into his death? Romans 6:1-3

IV) Trust God with my _____.

- A. Because of the LORD's faithful love we do not perish, for His mercies never end. They are new every morning; great is Your faithfulness! Lamentations 3:22-23 (HCSB)
- B. Leave the past _____ you and _____ God with your future.
- C. Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. Philippians 3:13-14

NEXT STEPS:

- I will memorize 1 John 1:9.
- Today I'm receiving forgiveness for _____.
- Today I'm offering forgiveness to _____.
- Today I will ask myself what from my past I can take today and learn from?
- I will trust God with my future.